

Let's Work is a program that provides Transition to Employment services to adults whose mental health presents as a barrier in seeking employment.

We use a client-centered approach to help individuals find and maintain employment through the development of an individualized employment action plan. Individuals who access Let's Work services are considered "workforce ready" and receive job search and employment maintenance support from our Job Developers. We are supervised by Capital Region Mental Health & Addictions Association (CRMHAA) and funded by Post-Secondary Education, Training and Labour (PETL).

Contact Us

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CAPITAL REGION
MENTAL HEALTH & ADDICTIONS

Administrative supervision of the program is provided by Capital Region Mental Health & Addictions. Monthly reports are submitted to the Board of Directors.



Funded by the Government of Canada and the Province of New Brunswick through the Canada/ New Brunswick Labour Market Agreement



LET'S WORK
Capital Region Mental Health & Addictions Association

Let's Work helps those affected by mental illness gain and maintain employment in the Fredericton area.



CAPITAL REGION
MENTAL HEALTH & ADDICTIONS ASSOCIATION

Target Population

Individuals who reside in the area served by the Department of Post-Secondary Education, Training and Labour (PETL), Region 3 (Fredericton and surrounding area) and who demonstrate:

- a) persistent and recurrent psychiatric problems
- b) an inability to enter the job market through existing services and resources
- c) a stated vocational interest

Referrals

Individuals, aged 17 or older, are referred for assessment to participate in the program by:

- a) Mental Health & Addictions Fredericton – case managers, psychiatrists, psychologists.
- b) Post Secondary, Education, Training and Labour -case managers
- c) Social Development - case managers
- d) Other Employment Assistance Service Providers

Individuals can also self-refer by calling 451-9190 or making an appointment for an assessment.

Objectives

- To explore with participants their interests, aptitudes, skill strengths and barriers in order to facilitate the development of a vocational goal.
- To assist participants in accessing existing vocational and educational resources within the Fredericton area.
- To enable participants to obtain necessary job-related skills in preparation for the competitive employment market.
- To facilitate the appropriate matching of participants needs and abilities with community-based employment opportunities.
- To provide participants and employers with a dependable system for the delivery of ongoing support and follow-up.

Activities

Pre-employment services

- a) Assessment of the participants abilities and aptitudes through an exploration of their education and work history.
- b) Clarification of the participant's vocational goal and the steps required to achieve this goal.
- c) Skills teaching as required in areas such as interview skills, social skills, etc.

- d) Assistance in resume preparation and job applications.
- e) Referral to a relevant program to seek funding for participants who need further training in either general or specific areas.

Employment Search and Job Development

- a) Identifying job market opportunities and assisting the search for employment.
- b) Creating liaisons with various government departments and accessing funding and job creation programs on behalf of the clientele.
- c) Educating potential employers about mental illness and presenting the positive aspects of potential employees.
- d) Maintaining a data base of past, present and prospective employers and employment situations including task analysis.

Supported Employment Services

- a) Assisting employees in making adjustments to re-entering the work force which includes assistance with daily schedule and relationships with co-workers.
- b) Providing monitoring and follow up support to the employee and employer when the active phase of support has diminished.

